

**FOR HELP CONCERNING SUBSTANCE ABUSE  
YOUR 24-HOUR HOT LINE IS:**

**1-800-788-2800**

**OR**

**1-800-662-4357**

**CALL FOR DRUG ABUSE INFORMATION  
TREATMENT AND REFERRAL**

**FOR INFORMATION AND PUBLICATIONS**

**1-800-729-6686**

**CALL  
IN WASHINGTON STATE ONLY**

**YOUR 24-HOUR HOT LINE FOR SUBSTANCE  
ABUSE IS:**

**1-800-562-1240**

**FOR HELP CONCERNING ALCOHOL  
MISUSE CALL:**

**1-800-662-2255**